

All About Ramadan

What is Ramadan?

There are approximately 2 billion Muslim people around the world. Ramadan is the most important month of the year for Muslims.



When is Ramadan?



Ramadan is the ninth month of the Islamic calendar. Muslims use a lunar calendar based on the moon, and Ramadan begins when the crescent moon is first sighted. A lunar month can last for 29 to 30 days.

How To Celebrate Ramadan

Ramadan is a month of fasting and doing good deeds.

Fasting

Participating Muslims, who are old enough and healthy enough to fast, do not eat or drink during daylight hours. Once the sun sets, family and friends gather for big meals called Iftar. Fasting strengthens willpower and is a reminder of those who have less.



Good Deeds

Giving to charity and doing good deeds are a special part of Ramadan! Families donate money, food, and clothing to those in need. Children, too young to fast, spend the month collecting donations in Sadaqa jars and doing daily good deeds for their community.

Celebrations

During Ramadan, families celebrate with decorations, baking, and crafts. Ramadan culminates in a three-day festival called Eid-al-Fitr, which means "the feast of the breaking." Eid is a joyous event, marked by the preparation of elaborate meals and a day spent seeing family and friends.

Children often receive gifts of money in Eidi envelopes.

